

Nutrition Facts

Michelle's Famous Sweet Potato Biscuits

12 Servings

Amount Per Serving

Calories	167.7
Total Fat	7.9 g
Saturated Fat	4.8 g
Polyunsaturated Fat	0.4 g
Monounsaturated Fat	2.2 g
Cholesterol	20.9 mg
Sodium	380.3 mg
Potassium	109.3 mg
Total Carbohydrate	22.4 g
Dietary Fiber	1.0 g
Sugars	4.7 g
Protein	2.8 g
Vitamin A	21.2 %
Vitamin B-12	0.9 %
Vitamin B-6	3.1 %
Vitamin C	3.1 %
Vitamin D	1.0 %
Vitamin E	1.4 %
Calcium	9.2 %

Copper	4.2 %
Folate	9.9 %
Iron	7.2 %
Magnesium	2.1 %
Manganese	10.7 %
Niacin	7.5 %
Pantothenic Acid	3.6 %
Phosphorus	7.2 %
Riboflavin	8.2 %
Selenium	10.8 %
Thiamin	12.3 %
Zinc	1.7 %

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

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